

2022-2023 Freezeroo. Pineway Ponds Park 5 mile

1/7/2023

Results Overall

White House Challenge 4.4M

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Gender	AG	Points
1	151	Richards, David	Rochester, NY	Male	30	30-34 Male	25:10.127	1	1	100.00
2	176	Hameline, AJ	,	Male	37	35-39 Male	25:37.330	2	1	98.23
3	53	Byler, Chad	Honeoye Falls, NY	Male	39	35-39 Male	26:35.997	3	2	94.62
4	76	Presby, David	Fairport, NY	Male	45	45-49 Male	26:38.080	4	1	94.50
5	25	Gage, Marcus	Palmyra, NY	Male	51	50-54 Male	26:41.617	5	1	94.29
6	170	Smith, Brian	Pittsford, NY	Male	38	35-39 Male	26:46.287	6	3	94.01
7	84	Gajewski, Ben	Geneseo, NY	Male	36	35-39 Male	27:51.740	7	4	90.33
8	31	Rapone, Joe	Le Roy, NY	Male	39	35-39 Male	27:55.380	8	5	90.14
9	124	Ciancione, Timothy	Rochester, NY	Male	57	55-59 Male	28:09.820	9	1	89.37
10	162	Hansen, Jennie	Rochester, NY	Female	38	35-39 Female	28:33.367	1	1	100.00
11	26	Dwyer, Tim	Rochester, NY	Male	63	60-64 Male	28:46.107	10	1	87.49
12	166	Williams, Josh	Avon, NY	Male	48	45-49 Male	28:46.757	11	2	87.45
13	155	Adanti, Seth	Rochester, NY	Male	43	40-44 Male	28:46.953	12	1	87.44
14	55	Brunett, Peter	Honeoye Falls, NY	Male	64	60-64 Male	29:04.073	13	2	86.59
15	175	Higgins, Laura	,	Female	36	35-39 Female	29:09.647	2	2	97.93
16	83	Patterson, Heather	Rochester, NY	Female	47	45-49 Female	29:32.660	3	1	96.66
17	66	Kellman, Matthew	Penfield, NY	Male	58	55-59 Male	29:43.017	14	2	84.70
18	161	Soucy, Finnegan	Avon, NY	Male	15	19 and Under Male	29:52.453	15	1	84.25
19	36	Barkau, Greg	Penfield, NY	Male	43	40-44 Male	29:57.113	16	2	84.03
20	13	Larson, Mark	Rochester, NY	Male	53	50-54 Male	30:00.360	17	2	83.88
21	114	Nagel, Kirsten	Pittsford, NY	Female	39	35-39 Female	30:21.600	4	3	94.06
22	137	Ekhholm, Eric	Honeoye Falls, NY	Male	54	50-54 Male	30:27.070	18	3	82.65
23	85	Kumar, Prem	Pittsford, NY	Male	47	45-49 Male	31:03.237	19	3	81.05

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24	74	Matthews, Elizabeth	Pittsford, NY	Female	42	40-44 Female	31:32.293	5	1	90.54
25	62	Cornwell, Adam	Rochester, NY	Male	37	35-39 Male	31:34.327	20	6	79.72
26	109	Adams, Dave	Palmyra, NY	Male	49	45-49 Male	31:38.060	21	4	79.56
27	8	Lopez, Carlos	Webster, NY	Male	50	50-54 Male	31:50.337	22	4	79.05
28	574	Wassinger, Jay	Hamlin, NY	Male	41	40-44 Male	32:17.143	23	3	77.96
29	35	Lambert, Hugh	Rochester, NY	Male	55	55-59 Male	32:30.687	24	3	77.42
30	57	Weber, Bill	Fairport, NY	Male	56	55-59 Male	32:31.080	25	4	77.40
31	70	Benson, John	Rochester, NY	Male	64	60-64 Male	33:45.873	26	3	74.54
32	117	Hays, Michelle	Penfield, NY	Female	51	50-54 Female	33:50.130	6	1	84.40
33	126	Burgoyne, Russell	Honeoye Falls, NY	Male	38	35-39 Male	33:53.680	27	7	74.26
34	546	Smith, Michele	Naples, NY	Female	40	40-44 Female	33:54.553	7	2	
35	67	Bongard, Jim	Webster, NY	Male	58	55-59 Male	34:11.363	28	5	73.62
36	14	Larson, Cindy	Rochester, NY	Female	51	50-54 Female	34:14.917	8	2	83.38
37	79	Ciaio, Andrew	Victor, NY	Male	57	55-59 Male	34:17.033	29	6	73.41
38	100	Grant, Dan	Henrietta, NY	Male	37	35-39 Male	34:22.860	30	8	73.21
39	16	Whorton, James	Rochester, NY	Male	55	55-59 Male	34:27.810	31	7	73.03
40	172	Abdella, Michelle	Batavia, NY	Female	50	50-54 Female	34:38.260	9	3	82.44
41	48	Menarchem, Cathryn	Rochester, NY	Female	29	25-29 Female	34:40.293	10	1	82.36
42	91	Lindblom, Peter	Rochester, NY	Male	61	60-64 Male	34:49.357	32	4	72.28
43	112	Madigan, Mark	Pittsford, NY	Male	61	60-64 Male	34:59.457	33	5	71.93
44	584	May, Jim	Williamson, NY	Male	76	75-79 Male	35:05.433	34	1	71.73
45	122	Crowe, Bill	Rochester, NY	Male	72	70-74 Male	35:06.923	35	1	71.67
46	110	George, Jeanette	Palmyra, NY	Female	48	45-49 Female	35:09.083	11	2	81.24

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47	149	Christo, Therese	Rochester, NY	Female	69	65-69 Female	35:24.093	12	1	80.66
48	93	Moscicki, Craig	Honeoye Falls, NY	Male	43	40-44 Male	35:27.913	36	4	70.97
49	99	DeWeaver, Douglas	Rochester, NY	Male	65	65-69 Male	35:59.780	37	1	69.92
50	21	Zawacki, Mark	Pittsford, NY	Male	55	55-59 Male	36:02.543	38	8	69.83
51	168	Meehan, Richard	,	Male	52	50-54 Male	36:05.783	39	5	69.73
52	24	Palacio, Maria	Palmyra, NY	Female	43	40-44 Female	36:16.217	13	3	78.73
53	44	Della Pietra, Rachael	East Rochester, NY	Female	43	40-44 Female	36:26.033	14	4	78.38
54	115	Nash, Kelly	Rochester, NY	Female	51	50-54 Female	36:27.093	15	4	78.34
55	118	Guth, Cheryl	Rochester, NY	Female	68	65-69 Female	36:42.047	16	2	77.81
56	37	Vanderberg, Carol	Batavia, NY	Female	60	60-64 Female	36:46.077	17	1	77.67
57	56	Mruzek, Daniel	Fairport, NY	Male	57	55-59 Male	36:49.503	40	9	68.35
58	68	Iovoli, Louis	Honeoye Falls, NY	Male	57	55-59 Male	36:52.390	41	10	68.26
59	169	natarelli, david	,	Male	55	55-59 Male	36:54.017	42	11	68.21
60	39	McFarlane, Melissa	Canandaigua, NY	Female	43	40-44 Female	36:56.317	18	5	77.31
61	58	Jerris, Tom	Livonia, NY	Male	64	60-64 Male	37:06.127	43	6	67.84
62	147	Cowan, Roger	Elba, NY	Male	65	65-69 Male	37:08.073	44	2	67.78
63	121	Crowe, Mary	Rochester, NY	Female	66	65-69 Female	37:09.383	19	3	76.85
64	29	Kane, Brian	Rochester, NY	Male	69	65-69 Male	37:37.160	45	3	66.90
65	19	Erickson, Paul	Hemlock, NY	Male	56	55-59 Male	37:42.300	46	12	66.75
66	156	Adanti, Megan	Rochester, NY	Female	43	40-44 Female	38:37.103	20	6	73.94
67	120	Gilbert, Christie	Rochester, NY	Female	26	25-29 Female	38:55.140	21	2	73.37
68	81	Parry, Sean	Webster, NY	Male	47	45-49 Male	40:02.610	47	5	62.85
69	32	Albert, Greg	Rochester, NY	Male	39	35-39 Male	40:07.963	48	9	62.71

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70	583	Ouriel, Jeffrey	Rochester, NY	Male	54	50-54 Male	40:33.597	49	6	62.05
71	141	Trabucco, Cathie	Rochester, NY	Female	63	60-64 Female	40:44.863	22	2	70.08
72	12	Cratsley, Lori	Springwater, NY	Female	52	50-54 Female	40:51.997	23	5	69.88
73	5	Niertit, Amy	Rochester, NY	Female	41	40-44 Female	40:52.703	24	7	69.86
74	165	White, Marie	Henrietta, NY	Female	62	60-64 Female	41:11.810	25	3	69.32
75	50	Blake, David	Stafford, NY	Male	73	70-74 Male	41:12.097	50	2	61.09
76	171	Eisenman, Carol	Rochester, NY	Female	65	65-69 Female	41:21.570	26	4	69.04
77	80	Ciaio, Laura	Victor, NY	Female	55	55-59 Female	41:36.333	27	1	68.64
78	575	Idzik, Lauren	Rochester, NY	Female	51	50-54 Female	41:42.260	28	6	68.47
79	144	Puckett, Theresa	Grand Island, NY	Female	49	45-49 Female	41:59.210	29	3	68.01
80	103	Degma, Matt	Rochester, NY	Male	68	65-69 Male	42:07.170	51	4	59.76
81	61	Godshall, Karen	Spencerport, NY	Female	58	55-59 Female	42:59.517	30	2	66.42
82	40	Nesbitt, Christina	Caledonia, NY	Female	37	35-39 Female	43:24.337	31	4	65.79
83	63	Riley, Anne	Fairport, NY	Female	66	65-69 Female	43:55.857	32	5	65.00
84	51	Reisig, Susan	Rochester, NY	Female	51	50-54 Female	44:11.487	33	7	64.62
85	73	Freiberger, John	Rochester, NY	Male	51	50-54 Male	44:23.450	52	7	56.70
86	46	Colavecchia, Frank	ROCHESTER, NY	Male	63	60-64 Male	44:32.243	53	7	56.51
87	572	Saif, Mohammad Shahriar	Rochester, NY	Male	28	25-29 Male	44:35.273	54	1	56.45
88	7	Maynard, Donna	Rochester, NY	Female	61	60-64 Female	44:46.250	34	4	63.78
89	127	Salvaggio, Susan	Webster, NY	Female	65	65-69 Female	44:47.447	35	6	63.75
90	38	Lewandowski, Mitzie	Rochester, NY	Female	75	75-79 Female	45:07.277	36	1	63.29
91	4	TheWonderDog, Callie	Irondequoit, NY	Male	66	65-69 Male	45:23.797	55	5	55.44
92	86	Gaudino, Jennifer	Rochester, NY	Female	49	45-49 Female	45:29.240	37	4	62.78

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93	28	McCabe, Carly	West Henrietta, NY	Female	38	35-39 Female	45:33.963	38	5	62.67
94	113	Jones, Erica	Pittsford, NY	Female	37	35-39 Female	45:42.983	39	6	62.46
95	547	Foley, Robin	Mendon, NY	Female	55	55-59 Female	46:31.160	40	3	61.39
96	78	McCarthy, Melissa	North Chili, NY	Female	44	40-44 Female	46:35.130	41	8	61.30
97	119	Rosen, Jennifer	Fairport, NY	Female	50	50-54 Female	46:45.580	42	8	61.07
98	92	Moscicki, Ann	Honeoye Falls, NY	Female	40	40-44 Female	46:49.917	43	9	60.98
99	94	Spencer, Lisa	Honeoye Falls, NY	Female	33	30-34 Female	46:49.987	44	1	60.97
100	157	Alston, Hyena	,	Male	28	25-29 Male	46:55.633	56	2	53.63
101	586	rBsxtter, Michael	,	Male	67	65-69 Male	47:56.090	57	6	52.51
102	71	Roberts, Anna	Rochester, NY	Female	33	30-34 Female	48:47.363	45	2	58.53
103	47	Beaver, Vickey	Rochester, NY	Female	48	45-49 Female	49:06.413	46	5	58.15
104	582	Aughenbaugh, Lisa	Webster, NY	Female	54	50-54 Female	49:35.563	47	9	57.58
105	42	Clary, Kevin	Pavilion, NY	Male	65	65-69 Male	49:47.837	58	7	50.54
106	167	Schofield, Coleen	Rochester, NY	Female	54	50-54 Female	50:51.253	48	10	56.15
107	178	Henwood, Eileen	,	Female	54	50-54 Female	51:12.073	49	11	55.77
108	154	Davenport, David	Rochester, NY	Male	71	70-74 Male	53:34.307	59	3	46.98
109	43	Matzan, Andy	Rochester, NY	Male	70	70-74 Male	53:35.333	60	4	46.97
110	87	Zonitch, John	Albion, NY	Male	69	65-69 Male	54:45.683	61	8	45.96
111	177	Arnold, Carolyn	,	Female	46	45-49 Female	55:14.800	50	6	51.69
112	54	Sanford, Tanya	Rochester, NY	Female	52	50-54 Female	55:15.450	51	12	51.68
113	69	Cope, Robert	Livonia, NY	Male	62	60-64 Male	56:36.773	62	8	44.46
114	148	Cowan, Rosemary	Elba, NY	Female	65	65-69 Female	58:09.540	52	7	49.10
115	72	DeHond, Christine	Rochester, NY	Female	57	55-59 Female	58:13.070	53	4	49.05

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116	135	Devins, Julie	Hilton, NY	Female	53	50-54 Female	58:13.110	54	13	49.05
117	160	Butler, Thomas	Rochester, NY	Male	58	55-59 Male	59:08.283	63	13	42.56
118	96	Pellegrin, Tina	Rochester, NY	Female	48	45-49 Female	1:00:19.650	55	7	47.34
119	88	Rogers, Dwight	Churchville, NY	Male	81	80 and Over Male	1:01:14.027	64	1	41.10
120	143	Critelli, Megan	Rochester, NY	Female	36	35-39 Female	1:19:17.523	56	7	36.01
121	164	Critelli, Anthony	Rochester, NY	Male	29	25-29 Male	1:19:21.713	65	3	31.71
122	17	Murphy, William	Rochester, NY	Male	74	70-74 Male	1:55:06.150	66	5	21.87