Overall Fe	emale
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Pos	Bib Last, First	City, State	Age Age Group	Finish Time	Overall	Gender	Age Group
2	129 Byler, Trisha	,	41 Overall Female	18:11.523	2	1	1
			Split	1 6:07.493			
			Split	2 6:01.400			
			Split	3 6:02.630			

Overa	ll .	Ma	le
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Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
1	18 Budinski, Nicholas	Rochester, NY	32 Overall Male		18:00.327	1	1	1
				Split 1	5:55.227			
				Split 2	6:00.190			
				Split 3	6:04.910			

Master Fe	emale
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Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
11	34 Duvall, Kimberly	Bloomfield, NY	41 Master Female		22:48.970	11	3	1
				Split 1	7:19.190			
				Split 2	7:47.810			
				Split 3	7:41.970			

Master Male
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Pos	Bib Last, First	City, State	Age Age Group		Tinish Time	Overall	Gender	Age Group
3	121 Nier, Mike	Rochester, NY	60 Master Male		19:50.950	3	2	1
				Split 1	6:12.893			
				Split 2	6:45.587			
				Split 3	6:52.470			

### Results by Age Group

13 and under Female

Pos	Bib Last, First	City, State	Age Age Group	Finish Time	Overall	Gender	Age Group
12	104 Wolfgram, Olivia	Clifton springs, NY	10 13 and under Female Split 1 Split 2 Split 3	<b>22:52.427</b> 7:27.803 7:41.557 7:43.067	12	4	1
71	110 Young, Abigail	Fairport, NY	11 13 and under Female  Split 1  Split 2  Split 3	34:54.427 10:42.807 12:25.827 11:45.793	71	32	2

### Results by Age Group

13 and under Male

Pos	Bib Last, First	City, State	Age Age Group	Finish Time	Overall	Gender	Age Group
39	132 slovik-rodgers, kole	,	9 13 and under Male Split 1 Split 2 Split 3	28:01.293 9:35.237 9:40.000 8:46.057	39	26	1
40	133 Slovik-Rodges, Dustin	,	9 13 and under Male Split 1 Split 2 Split 3	28:01.880 9:35.273 9:40.000 8:46.607	40	27	2

### Results by Age Group

14-19 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
92	85 Schirrmacher, Alina	Rochester, NY	14 14-19 Female		47:50.673	92	46	1
				Split 1	22:48.960			
				Split 2	12:20.833			
				Split 3	12:40.880			

### Results by Age Group

20-29 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
19	79 Salemi, Olivia	Webster, NY	28 20-29 Female	Split 1 Split 2 Split 3	25:31.783 8:35.810 8:33.207 8:22.767	19	5	1
27	61 Mannila, Ella	Rochester, NY	20 20-29 Female	Split 1 Split 2 Split 3	26:48.710 8:45.007 8:54.947 9:08.757	27	11	2
52	115 Hunt, Brynn	Avon, NY	29 20-29 Female	Split 1 Split 2 Split 3	30:36.843 9:57.027 10:15.633 10:24.183	52	19	3
84	54 Kanous, Allie	Brockport, NY	29 20-29 Female	Split 1 Split 2 Split 3	42:28.760 12:15.743 15:43.867 14:29.150	84	41	4
89	139 Kreger, Emmi	,	29 20-29 Female	Split 1 Split 2 Split 3	<b>45:27.820</b> 15:13.563 16:59.140 13:15.117	89	44	5
90	93 Turrie, Abigail	Brockport, NY	26 20-29 Female	Split 1 Split 2 Split 3	47:10.283 15:14.413 16:59.170 14:56.700	90	45	6



### Results by Age Group

20-29 Male

Pos	Bib Last, First	City, State	Age Age Group	Finish Time				Overall	Overall Gender	
34	80 Salemi, Roberto	Rochester, NY	24 20-29 Male	2 Split 1 Split 2 Split 3	<b>7:21.117</b> 9:56.073 9:36.873 7:48.170	34	23	1		
43	43 Goddard, Christian	Pittsford, NY	27 20-29 Male	Split 1 Split 2	8:37.220 8:40.690 9:36.900 10:19.630	43	29	2		
85	22 Charron, Nicholas	Spencerport, NY	27 20-29 Male	Split 1 Split 2	3:02.923 13:40.517 14:53.787 14:28.620	85	44	3		

### Results by Age Group

30-39 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
9	114 Mustardo, Alexandra	Lima, NY	35 30-39 Female	Split 1 Split 2 Split 3	22:00.880 7:15.007 7:16.433 7:29.440	9	2	1
20	82 Sassenhausen, Megan	Webster, NY	33 30-39 Female	Split 1 Split 2 Split 3	25:51.230 8:58.060 8:28.020 8:25.150	20	6	2
57	38 Fleck, Vicky	Rochester, NY	37 30-39 Female	Split 1 Split 2 Split 3	31:24.143 10:44.473 10:29.430 10:10.240	57	23	3
61	66 Nowak, Hannah	Spencerport, NY	39 30-39 Female	Split 1 Split 2 Split 3	32:17.017 10:06.620 11:30.487 10:39.910	61	26	4
62	3 Anolik, Eleanor	Rochester, NY	35 30-39 Female	Split 1 Split 2 Split 3	32:41.240 10:35.663 11:02.343 11:03.233	62	27	5
65	92 Thompson, Kelsey	Lockport, NY	33 30-39 Female	Split 1 Split 2 Split 3	33:14.650 10:21.880 11:59.057 10:53.713	65	29	6



### Results by Age Group

30-39 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
72	53 Jones, Jessica	Ontario, NY	34 30-39 Female	Split 1 Split 2 Split 3	35:27.280 10:44.950 12:13.110 12:29.220	72	33	7
75	6 Arpag, Lauren	Rochester, NY	31 30-39 Female	Split 1 Split 2 Split 3	38:02.343 11:26.097 12:46.400 13:49.847	75	35	8
80	131 Borden, Charlene	,	37 30-39 Female	Split 1 Split 2 Split 3	<b>40:45.767</b> 12:15.707 13:58.430 14:31.630	80	38	9
81	58 Kline, Jessica	Cheektowaga, NY	39 30-39 Female	Split 1 Split 2 Split 3	41:25.037 12:46.337 13:57.557 14:41.143	81	39	10
88	88 Shattuck-Barbaro, Heather	Bloomfield, NY	38 30-39 Female	Split 1 Split 2 Split 3	44:50.507 14:01.010 15:37.157 15:12.340	88	43	11
101	39 Fouts, Laura	Rochester, NY	30 30-39 Female	Split 1 Split 2 Split 3	<b>52:18.140</b> 19:02.667 17:57.000 15:18.473	101	51	12



### Results by Age Group

30-39 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
104	15 Brown, Anne	Webster, NY	34 30-39 Female	Split 1 Split 2 Split 3	<b>57:08.567</b> 21:10.750 19:25.043 16:32.773	104	53	13
106	41 Garman, Cassondra	Ontario, NY	30 30-39 Female	Split 1 Split 2 Split 3	57:41.063 18:53.987 19:25.477 19:21.600	106	55	14

### Results by Age Group

30-39 Male

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
4	16 Brown, Taylor	Webster, NY	34 30-39 Male	Split 1 Split 2 Split 3	20:00.510 6:15.697 6:48.930 6:55.883	4	3	1
6	69 Palmer, Seth	Marion, NY	37 30-39 Male	Split 1 Split 2 Split 3	21:14.513 6:58.823 7:08.760 7:06.930	6	5	2
7	52 Johnson, Justin	Rochester, NY	36 30-39 Male	Split 1 Split 2 Split 3	21:41.373 7:00.623 7:11.340 7:29.410	7	6	3
15	134 McConnell, Chris	,	36 30-39 Male	Split 1 Split 2 Split 3	23:25.633 7:11.953 7:56.613 8:17.067	15	11	4
18	12 Bielemeier, Joshua	Rochester, NY	34 30-39 Male	Split 1 Split 2 Split 3	25:16.090 8:47.110 8:25.137 8:03.843	18	14	5
32	30 Damiano, Brent	Fairport, NY	33 30-39 Male	Split 1 Split 2 Split 3	27:11.290 8:56.907 9:04.070 9:10.313	32	21	6



### Results by Age Group

30-39 Male

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
33	55 Kanous II, Richard	Brockport, NY	32 30-39 Male	Split 1 Split 2 Split 3	27:15.753 9:08.810 9:11.983 8:54.960	33	22	7
66	63 Milholland, Maxwell	Lackawanna, NY	33 30-39 Male	Split 1 Split 2 Split 3	33:15.660 10:21.803 11:58.993 10:54.863	66	37	8
67	83 Sassenhausen, Will	West Seneca, NY	34 30-39 Male	Split 1 Split 2 Split 3	33:19.290 10:05.013 10:29.237 12:45.040	67	38	9
70	75 Richards, Pamineo	Webster, NY	30 30-39 Male	Split 1 Split 2 Split 3	34:29.910 11:30.163 11:23.890 11:35.857	70	39	10
93	37 Ferrer, Rafael	Rochester, NY	35 30-39 Male	Split 1 Split 2 Split 3	48:45.197 16:18.923 16:00.530 16:25.743	93	47	11
98	44 Goddard, Nicholas	Pittsford, NY	36 30-39 Male	Split 1 Split 2 Split 3	50:48.410 16:27.220 16:47.057 17:34.133	98	49	12



### Results by Age Group

40-49 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
23	8 Basch, Alison	Webster, NY	46 40-49 Female	Split 1 Split 2 Split 3	26:19.460 8:43.690 8:38.367 8:57.403	23	8	1
36	5 Antonitto, Megan	Victor, NY	41 40-49 Female	Split 1 Split 2 Split 3	27:56.080 9:45.193 9:05.700 9:05.187	36	12	2
38	14 Bouteiller, Pamela	Webster, NY	43 40-49 Female	Split 1 Split 2 Split 3	27:59.933 9:36.133 9:13.927 9:09.873	38	13	3
49	23 Christensen, Brianna	Rochester, NY	44 40-49 Female	Split 1 Split 2 Split 3	29:34.753 10:00.817 9:51.980 9:41.957	49	17	4
50	32 Dean, Caroline	Ontario, NY	47 40-49 Female	Split 1 Split 2 Split 3	29:51.850 10:05.540 9:52.690 9:53.620	50	18	5
54	137 herbst, carrie-lynn	,	49 40-49 Female	Split 1 Split 2 Split 3	30:46.620 10:45.053 10:06.860 9:54.707	54	20	6



### Results by Age Group

40-49 Female

Pos	Bib Last, First	City, State	Age Age Group		Tinish Time	Overall	Gender	Age Group
59	84 Scheffelaar, Sarah	Rochester, NY	40 40-49 Female	Split 1 Split 2 Split 3	32:02.727 10:40.253 10:27.390 10:55.083	59	24	7
60	116 Ladrigan, Manasi	Pittsford, NY	46 40-49 Female	Split 1 Split 2 Split 3	<b>32:12.320</b> 9:55.360 10:56.783 11:20.177	60	25	8
73	96 Vicente, Tina	Rochester, NY	45 40-49 Female	Split 1 Split 2 Split 3	35:30.373 11:54.680 11:50.257 11:45.437	73	34	9
100	136 Ladrigan-Whelpley, Theresa	,	48 40-49 Female	Split 1 Split 2 Split 3	51:17.270 17:11.210 17:06.547 16:59.513	100	50	10
103	91 Thomas, Katie	Rochester, NY	46 40-49 Female	Split 1 Split 2 Split 3	55:13.103 18:50.570 18:03.073 18:19.460	103	52	11

### Results by Age Group

40-49 Male

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
14	27 Cook, Geoffrey	Farmington, NY	42 40-49 Male	Split 1 Split 2 Split 3	23:19.367 7:48.010 7:50.313 7:41.043	14	10	1
17	108 Bishop, Cory	Buffalo, NY	43 40-49 Male	Split 1 Split 2 Split 3	24:34.733 7:46.133 8:29.760 8:18.840	17	13	2
42	46 Hall, Lloyd	Rochester, NY	40 40-49 Male	Split 1 Split 2 Split 3	28:37.197 9:10.830 9:45.523 9:40.843	42	28	3
44	4 Antonitto, Jeff	Victor, NY	44 40-49 Male	Split 1 Split 2 Split 3	28:51.260 9:46.333 9:22.960 9:41.967	44	30	4
77	11 Bianchi, Stephen	Rochester, NY	44 40-49 Male	Split 1 Split 2 Split 3	39:02.347 12:25.250 13:36.893 13:00.203	77	42	5
91	86 Schirrmacher, Jeffrey	Rochester, NY	46 40-49 Male	Split 1 Split 2 Split 3	47:50.613 22:49.213 12:20.573 12:40.827	91	46	6



### Results by Age Group

50-59 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
41	29 Croll, Alex	Rochester, NY	50 50-59 Female	Split 1 Split 2 Split 3	28:31.990 9:54.047 9:27.767 9:10.177	41	14	1
47	33 Dermody, Cristina	Rochester, NY	50 50-59 Female	Split 1 Split 2 Split 3	29:13.107 9:57.140 9:26.487 9:49.480	47	15	2
48	42 Gaudino, Jennifer	Rochester, NY	52 50-59 Female	Split 1 Split 2 Split 3	29:32.233 10:00.400 9:50.150 9:41.683	48	16	3
55	67 Nowakowski, Lisa	Rochester, NY	54 50-59 Female	Split 1 Split 2 Split 3	30:56.457 10:39.040 10:11.857 10:05.560	55	21	4
68	10 Beaver, Vickey	Rochester, NY	51 50-59 Female	Split 1 Split 2 Split 3	34:03.967 11:51.913 11:29.513 10:42.540	68	30	5
78	19 Buscemi, Della	Rochester, NY	58 50-59 Female	Split 1 Split 2 Split 3	39:03.393 12:32.593 13:10.453 13:20.347	78	36	6



### Results by Age Group

50-59 Female

Pos	Bib Last, First	City, State	Age Age Group	Finish Time	Overall	Overall Gender		
83	25 Cintron, Lisa	Brockport, NY	53 50-59 Female	42:28.17 Split 1 12:15.26 Split 2 15:44.16 Split 3 14:28.74	3	40	7	
95	105 Woodhams, Susan	Rochester, NY	51 50-59 Female	49:10.51 Split 1 18:49.56 Split 2 17:58.45 Split 3 12:22.50	0 0	47	8	
96	51 Hyde, Danielle	Pittsford, NY	51 50-59 Female	49:10.62 Split 1 18:49.71 Split 2 17:58.64 Split 3 12:22.26	3 7	48	9	
105	126 Falkner, Lisa	,	58 50-59 Female	57:40.19 Split 1 18:53.90 Split 2 19:25.31 Split 3 19:20.97	3 7	54	10	
109	113 Clark, Kim	Rochester, NY	50 50-59 Female	1:09:12.44 Split 1 19:53.45 Split 2 27:19.69 Split 3 21:59.29	7 7	56	11	
111	45 Guyer, Ginger	Rochester, NY	54 50-59 Female	1:12:00.77 Split 1 23:59.55 Split 2 22:44.75 Split 3 25:16.46	3	57	12	



### Results by Age Group

50-59 Male

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
13	9 Battaglia, Mark	Rochester, NY	58 50-59 Male	Split 1 Split 2 Split 3	23:03.120 7:23.317 7:48.703 7:51.100	13	9	1
21	36 Farmer, Andrew	Avon, NY	53 50-59 Male	Split 1 Split 2 Split 3	26:08.433 8:06.427 8:45.360 9:16.647	21	15	2
26	64 Murdock, Scott	Rochester, NY	54 50-59 Male	Split 1 Split 2 Split 3	26:43.487 8:31.997 8:59.667 9:11.823	26	16	3
29	68 Page, Mike	Avon, NY	56 50-59 Male	Split 1 Split 2 Split 3	<b>27:05.637</b> 9:38.013 8:42.697 8:44.927	29	18	4
30	95 vasta, massimiliano	VICTOR, NY	52 50-59 Male	Split 1 Split 2 Split 3	27:08.547 9:26.280 8:59.793 8:42.473	30	19	5
45	138 Hahn, Turner	,	59 50-59 Male	Split 1 Split 2 Split 3	28:51.627 9:44.890 9:35.960 9:30.777	45	31	6



### Results by Age Group

50-59 Male

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
51	28 Crespo, David	Brockport, NY	55 50-59 Male	Split 1 Split 2 Split 3	30:12.013 10:13.247 9:50.893 10:07.873	51	33	7
58	111 Young, Michael	Fairport, NY	57 50-59 Male	Split 1 Split 2 Split 3	31:56.143 9:59.193 10:54.287 11:02.663	58	35	8
64	24 Cintron, Anthony	Brockport, NY	54 50-59 Male	Split 1 Split 2 Split 3	32:55.470 10:55.517 11:05.593 10:54.360	64	36	9
76	2 Anolik, Adam	Rochester, NY	58 50-59 Male	Split 1 Split 2 Split 3	38:07.727 11:25.040 12:47.567 13:55.120	76	41	10
82	13 Bishop, Charles	Farmington, NY	58 50-59 Male	Split 1 Split 2 Split 3	41:37.073 13:10.497 14:26.187 14:00.390	82	43	11
102	73 Pawlaczyk, Jared	Rochester, NY	51 50-59 Male	Split 1 Split 2 Split 3	55:12.713 18:51.520 18:01.843 18:19.350	102	51	12



### Results by Age Group

60-69 Female

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
24	109 Newman, Colleen	Rochester, NY	65 60-69 Female	Split 1 Split 2 Split 3	26:23.850 8:44.163 8:49.190 8:50.497	24	9	1
25	122 McCrobie, Joanne	Fairport, NY	62 60-69 Female	Split 1 Split 2 Split 3	26:39.660 9:01.233 8:52.450 8:45.977	25	10	2
56	87 Schwartz, Anne	Webster, NY	69 60-69 Female	Split 1 Split 2 Split 3	31:17.283 10:17.323 10:33.123 10:26.837	56	22	3
69	123 Smith, Holly	,	65 60-69 Female	Split 1 Split 2 Split 3	34:16.220 11:47.757 11:14.943 11:13.520	69	31	4
79	47 Handt, Cathy	ROCHESTER, NY	67 60-69 Female	Split 1 Split 2 Split 3	<b>40:23.300</b> 13:11.660 13:41.270 13:30.370	79	37	5
97	50 Hill-Goddard, Cynthia	Pittsford, NY	65 60-69 Female	Split 1 Split 2 Split 3	50:39.873 16:26.747 16:47.093 17:26.033	97	49	6



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Pos	Bib Last, First	City, State	Age Age Group	Finish Time	Overall	Overall Gender	
112	135 Kennedy, Kim	,	61 60-69 Female	1:12:06.78  Split 1 23:57.29  Split 2 22:44.0	97	58	7
				Split 3 25:25.40	63		

### Results by Age Group

60-69 Male

Pos	Bib Last, First	City, State	Age Age Group	Finish Time		Overall	Gender	Age Group
5	128 Mertens, Michael	,	61 60-69 Male	Split 1 Split 2 Split 3	20:31.923 6:47.377 6:56.027 6:48.520	5	4	1
8	7 Assini, Mark	Rochester, NY	66 60-69 Male	Split 1 Split 2 Split 3	21:41.633 7:04.690 7:15.540 7:21.403	8	7	2
10	89 Sheehan, Kevin	Rochester, NY	63 60-69 Male	Split 1 Split 2 Split 3	22:19.103 7:07.497 7:32.407 7:39.200	10	8	3
28	59 Lavner, MARK	Fairport, NY	69 60-69 Male	Split 1 Split 2 Split 3	26:54.240 9:09.937 8:56.080 8:48.223	28	17	4
31	31 Damiano, Fred	Fairport, NY	64 60-69 Male	Split 1 Split 2 Split 3	27:11.260 8:57.063 9:04.040 9:10.157	31	20	5
46	94 Ulrich, Douglas	Rochester, NY	66 60-69 Male	Split 1 Split 2 Split 3	28:58.940 9:43.800 9:42.833 9:32.307	46	32	6

### Results by Age Group

60-69 Male

Pos	Bib Last, First	City, State	Age Age Group		Finish Time	Overall	Gender	Age Group
53	119 Pinkney, Greg	Rochester, NY	68 60-69 Male	Split 1 Split 2 Split 3	30:46.090 9:36.873 10:21.830 10:47.387	53	34	7
74	56 kathy Kostarellis, Spiro	rochester, NY	63 60-69 Male	Split 1 Split 2 Split 3	36:15.957 11:49.067 12:40.050 11:46.840	74	40	8
87	71 Parks, Joseph	Rochester, NY	67 60-69 Male	Split 1 Split 2 Split 3	44:35.933 13:32.987 15:19.260 15:43.687	87	45	9
94	97 WEHNER, Edward	Webster, NY	60 60-69 Male	Split 1 Split 2 Split 3	48:48.850 16:56.407 15:57.783 15:54.660	94	48	10

### Results by Age Group

70 and over Female

Pos	Bib Last, First	City, State	Age Age Group	Finish Time	Overall	Gender	Age Group
22	117 Guth, Cheryl	Rochester, NY	71 70 and over Female Spli Spli Spli	8:42.533	22	7	1
63	74 Pryor, Marilee	Rochester, NY	70 70 and over Female Spli Spli Spli	10:56.417	63	28	2
86	72 Parks, Karen Marie	Rochester, NY	70 70 and over Female Spli Spli Spli	15:19.643	86	42	3

### Results by Age Group

70 and over Male

Pos	Bib Last, First	City, State	Age Age Group	Finish Time	Overall Gende	Age r Group
16	127 Beyerbuch, Bill	,	70 70 and over Male	23:30.607  Split 1 7:42.120  Split 2 7:55.147  Split 3 7:53.340	16 12	1
35	118 Crowe, Bill	Rochester, NY	75 70 and over Male	27:44.570  Split 1 9:38.987  Split 2 9:09.693  Split 3 8:55.890	35 24	2
37	130 Wright, Jeff	,	71 70 and over Male	<b>27:59.037</b> Split 1 9:20.227  Split 2 9:24.663  Split 3 9:14.147	37 25	3
99	124 Martin, Chuck	,	79 70 and over Male	50:52.887         Split 1       16:36.030         Split 2       17:10.983         Split 3       17:05.873	99 50	4
107	65 Murphy, William	Rochester, NY	77 70 and over Male	1:00:27.513  Split 1 20:17.947  Split 2 20:15.087  Split 3 19:54.480	107 52	5
108	48 Hernandez, Abraham	Spencerport, NY	73 70 and over Male	1:03:21.337  Split 1 20:29.757  Split 2 20:59.723  Split 3 21:51.857	108 53	6



/0 a	nd	over	Male	
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Pos	Bib Last, First	City, State	Age Age Group	Finish Time		Overall	Age Group	
110	57 Kingston, Richard	Epsom, NH		Split 1	23:58.763	110	54	7
				Split 2 Split 3	22:45.910 24:46.967			