

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
2	129	Byler, Trisha	,	41	Overall Female	18:11.523	2	1	1
						<i>Split 1</i>			
						6:07.493			
						<i>Split 2</i>			
						6:01.400			
						<i>Split 3</i>			
						6:02.630			
9	114	Mustardo, Alexandra	Lima, NY	35	30-39 Female	22:00.880	9	2	1
						<i>Split 1</i>			
						7:15.007			
						<i>Split 2</i>			
						7:16.433			
						<i>Split 3</i>			
						7:29.440			
11	34	Duvall, Kimberly	Bloomfield, NY	41	Master Female	22:48.970	11	3	1
						<i>Split 1</i>			
						7:19.190			
						<i>Split 2</i>			
						7:47.810			
						<i>Split 3</i>			
						7:41.970			
12	104	Wolfgram, Olivia	Clifton springs, NY	10	13 and under Female	22:52.427	12	4	1
						<i>Split 1</i>			
						7:27.803			
						<i>Split 2</i>			
						7:41.557			
						<i>Split 3</i>			
						7:43.067			
19	79	Salemi, Olivia	Webster, NY	28	20-29 Female	25:31.783	19	5	1
						<i>Split 1</i>			
						8:35.810			
						<i>Split 2</i>			
						8:33.207			
						<i>Split 3</i>			
						8:22.767			
20	82	Sassenhausen, Megan	Webster, NY	33	30-39 Female	25:51.230	20	6	2
						<i>Split 1</i>			
						8:58.060			
						<i>Split 2</i>			
						8:28.020			
						<i>Split 3</i>			
						8:25.150			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
22	117	Guth, Cheryl	Rochester, NY	71	70 and over Female	26:16.863	22	7	1
						<i>Split 1</i> 8:58.480			
						<i>Split 2</i> 8:42.533			
						<i>Split 3</i> 8:35.850			
23	8	Basch, Alison	Webster, NY	46	40-49 Female	26:19.460	23	8	1
						<i>Split 1</i> 8:43.690			
						<i>Split 2</i> 8:38.367			
						<i>Split 3</i> 8:57.403			
24	109	Newman, Colleen	Rochester, NY	65	60-69 Female	26:23.850	24	9	1
						<i>Split 1</i> 8:44.163			
						<i>Split 2</i> 8:49.190			
						<i>Split 3</i> 8:50.497			
25	122	McCrobie, Joanne	Fairport, NY	62	60-69 Female	26:39.660	25	10	2
						<i>Split 1</i> 9:01.233			
						<i>Split 2</i> 8:52.450			
						<i>Split 3</i> 8:45.977			
27	61	Mannila, Ella	Rochester, NY	20	20-29 Female	26:48.710	27	11	2
						<i>Split 1</i> 8:45.007			
						<i>Split 2</i> 8:54.947			
						<i>Split 3</i> 9:08.757			
36	5	Antonitto, Megan	Victor, NY	41	40-49 Female	27:56.080	36	12	2
						<i>Split 1</i> 9:45.193			
						<i>Split 2</i> 9:05.700			
						<i>Split 3</i> 9:05.187			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
38	14	Bouteiller, Pamela	Webster, NY	43	40-49 Female	27:59.933	38	13	3
						<i>Split 1</i>			
						9:36.133			
						<i>Split 2</i>			
						9:13.927			
						<i>Split 3</i>			
						9:09.873			
41	29	Croll, Alex	Rochester, NY	50	50-59 Female	28:31.990	41	14	1
						<i>Split 1</i>			
						9:54.047			
						<i>Split 2</i>			
						9:27.767			
						<i>Split 3</i>			
						9:10.177			
47	33	Dermody, Cristina	Rochester, NY	50	50-59 Female	29:13.107	47	15	2
						<i>Split 1</i>			
						9:57.140			
						<i>Split 2</i>			
						9:26.487			
						<i>Split 3</i>			
						9:49.480			
48	42	Gaudino, Jennifer	Rochester, NY	52	50-59 Female	29:32.233	48	16	3
						<i>Split 1</i>			
						10:00.400			
						<i>Split 2</i>			
						9:50.150			
						<i>Split 3</i>			
						9:41.683			
49	23	Christensen, Brianna	Rochester, NY	44	40-49 Female	29:34.753	49	17	4
						<i>Split 1</i>			
						10:00.817			
						<i>Split 2</i>			
						9:51.980			
						<i>Split 3</i>			
						9:41.957			
50	32	Dean, Caroline	Ontario, NY	47	40-49 Female	29:51.850	50	18	5
						<i>Split 1</i>			
						10:05.540			
						<i>Split 2</i>			
						9:52.690			
						<i>Split 3</i>			
						9:53.620			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
52	115	Hunt, Brynn	Avon, NY	29	20-29 Female	30:36.843	52	19	3
						<i>Split 1</i> 9:57.027			
						<i>Split 2</i> 10:15.633			
						<i>Split 3</i> 10:24.183			
54	137	herbst, carrie-lynn	,	49	40-49 Female	30:46.620	54	20	6
						<i>Split 1</i> 10:45.053			
						<i>Split 2</i> 10:06.860			
						<i>Split 3</i> 9:54.707			
55	67	Nowakowski, Lisa	Rochester, NY	54	50-59 Female	30:56.457	55	21	4
						<i>Split 1</i> 10:39.040			
						<i>Split 2</i> 10:11.857			
						<i>Split 3</i> 10:05.560			
56	87	Schwartz, Anne	Webster, NY	69	60-69 Female	31:17.283	56	22	3
						<i>Split 1</i> 10:17.323			
						<i>Split 2</i> 10:33.123			
						<i>Split 3</i> 10:26.837			
57	38	Fleck, Vicky	Rochester, NY	37	30-39 Female	31:24.143	57	23	3
						<i>Split 1</i> 10:44.473			
						<i>Split 2</i> 10:29.430			
						<i>Split 3</i> 10:10.240			
59	84	Scheffelaar, Sarah	Rochester, NY	40	40-49 Female	32:02.727	59	24	7
						<i>Split 1</i> 10:40.253			
						<i>Split 2</i> 10:27.390			
						<i>Split 3</i> 10:55.083			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
60	116	Ladrigan, Manasi	Pittsford, NY	46	40-49 Female	32:12.320	60	25	8
						<i>Split 1</i> 9:55.360			
						<i>Split 2</i> 10:56.783			
						<i>Split 3</i> 11:20.177			
61	66	Nowak, Hannah	Spencerport, NY	39	30-39 Female	32:17.017	61	26	4
						<i>Split 1</i> 10:06.620			
						<i>Split 2</i> 11:30.487			
						<i>Split 3</i> 10:39.910			
62	3	Anolik, Eleanor	Rochester, NY	35	30-39 Female	32:41.240	62	27	5
						<i>Split 1</i> 10:35.663			
						<i>Split 2</i> 11:02.343			
						<i>Split 3</i> 11:03.233			
63	74	Pryor, Marilee	Rochester, NY	70	70 and over Female	32:54.270	63	28	2
						<i>Split 1</i> 11:19.927			
						<i>Split 2</i> 10:56.417			
						<i>Split 3</i> 10:37.927			
65	92	Thompson, Kelsey	Lockport, NY	33	30-39 Female	33:14.650	65	29	6
						<i>Split 1</i> 10:21.880			
						<i>Split 2</i> 11:59.057			
						<i>Split 3</i> 10:53.713			
68	10	Beaver, Vickey	Rochester, NY	51	50-59 Female	34:03.967	68	30	5
						<i>Split 1</i> 11:51.913			
						<i>Split 2</i> 11:29.513			
						<i>Split 3</i> 10:42.540			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
69	123	Smith, Holly	,	65	60-69 Female	34:16.220	69	31	4
						<i>Split 1</i> 11:47.757			
						<i>Split 2</i> 11:14.943			
						<i>Split 3</i> 11:13.520			
71	110	Young, Abigail	Fairport, NY	11	13 and under Female	34:54.427	71	32	2
						<i>Split 1</i> 10:42.807			
						<i>Split 2</i> 12:25.827			
						<i>Split 3</i> 11:45.793			
72	53	Jones, Jessica	Ontario, NY	34	30-39 Female	35:27.280	72	33	7
						<i>Split 1</i> 10:44.950			
						<i>Split 2</i> 12:13.110			
						<i>Split 3</i> 12:29.220			
73	96	Vicente, Tina	Rochester, NY	45	40-49 Female	35:30.373	73	34	9
						<i>Split 1</i> 11:54.680			
						<i>Split 2</i> 11:50.257			
						<i>Split 3</i> 11:45.437			
75	6	Arpag, Lauren	Rochester, NY	31	30-39 Female	38:02.343	75	35	8
						<i>Split 1</i> 11:26.097			
						<i>Split 2</i> 12:46.400			
						<i>Split 3</i> 13:49.847			
78	19	Buscemi, Della	Rochester, NY	58	50-59 Female	39:03.393	78	36	6
						<i>Split 1</i> 12:32.593			
						<i>Split 2</i> 13:10.453			
						<i>Split 3</i> 13:20.347			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
79	47	Handt, Cathy	ROCHESTER, NY	67	60-69 Female	40:23.300 <i>Split 1</i> 13:11.660 <i>Split 2</i> 13:41.270 <i>Split 3</i> 13:30.370	79	37	5
80	131	Borden, Charlene	,	37	30-39 Female	40:45.767 <i>Split 1</i> 12:15.707 <i>Split 2</i> 13:58.430 <i>Split 3</i> 14:31.630	80	38	9
81	58	Kline, Jessica	Cheektowaga, NY	39	30-39 Female	41:25.037 <i>Split 1</i> 12:46.337 <i>Split 2</i> 13:57.557 <i>Split 3</i> 14:41.143	81	39	10
83	25	Cintron, Lisa	Brockport, NY	53	50-59 Female	42:28.173 <i>Split 1</i> 12:15.263 <i>Split 2</i> 15:44.163 <i>Split 3</i> 14:28.747	83	40	7
84	54	Kanous, Allie	Brockport, NY	29	20-29 Female	42:28.760 <i>Split 1</i> 12:15.743 <i>Split 2</i> 15:43.867 <i>Split 3</i> 14:29.150	84	41	4
86	72	Parks, Karen Marie	Rochester, NY	70	70 and over Female	44:35.627 <i>Split 1</i> 13:33.263 <i>Split 2</i> 15:19.643 <i>Split 3</i> 15:42.720	86	42	3

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
88	88	Shattuck-Barbaro, Heather	Bloomfield, NY	38	30-39 Female	44:50.507 <i>Split 1</i> 14:01.010 <i>Split 2</i> 15:37.157 <i>Split 3</i> 15:12.340	88	43	11
89	139	Kreger, Emmi	,	29	20-29 Female	45:27.820 <i>Split 1</i> 15:13.563 <i>Split 2</i> 16:59.140 <i>Split 3</i> 13:15.117	89	44	5
90	93	Turrie, Abigail	Brockport, NY	26	20-29 Female	47:10.283 <i>Split 1</i> 15:14.413 <i>Split 2</i> 16:59.170 <i>Split 3</i> 14:56.700	90	45	6
92	85	Schirmmacher, Alina	Rochester, NY	14	14-19 Female	47:50.673 <i>Split 1</i> 22:48.960 <i>Split 2</i> 12:20.833 <i>Split 3</i> 12:40.880	92	46	1
95	105	Woodhams, Susan	Rochester, NY	51	50-59 Female	49:10.517 <i>Split 1</i> 18:49.560 <i>Split 2</i> 17:58.450 <i>Split 3</i> 12:22.507	95	47	8
96	51	Hyde, Danielle	Pittsford, NY	51	50-59 Female	49:10.627 <i>Split 1</i> 18:49.713 <i>Split 2</i> 17:58.647 <i>Split 3</i> 12:22.267	96	48	9



2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
97	50	Hill-Goddard, Cynthia	Pittsford, NY	65	60-69 Female	50:39.873 <i>Split 1</i> 16:26.747 <i>Split 2</i> 16:47.093 <i>Split 3</i> 17:26.033	97	49	6
100	136	Ladrigan-Whelpley, Theresa	,	48	40-49 Female	51:17.270 <i>Split 1</i> 17:11.210 <i>Split 2</i> 17:06.547 <i>Split 3</i> 16:59.513	100	50	10
101	39	Fouts, Laura	Rochester, NY	30	30-39 Female	52:18.140 <i>Split 1</i> 19:02.667 <i>Split 2</i> 17:57.000 <i>Split 3</i> 15:18.473	101	51	12
103	91	Thomas, Katie	Rochester, NY	46	40-49 Female	55:13.103 <i>Split 1</i> 18:50.570 <i>Split 2</i> 18:03.073 <i>Split 3</i> 18:19.460	103	52	11
104	15	Brown, Anne	Webster, NY	34	30-39 Female	57:08.567 <i>Split 1</i> 21:10.750 <i>Split 2</i> 19:25.043 <i>Split 3</i> 16:32.773	104	53	13
105	126	Falkner, Lisa	,	58	50-59 Female	57:40.197 <i>Split 1</i> 18:53.903 <i>Split 2</i> 19:25.317 <i>Split 3</i> 19:20.977	105	54	10

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Female

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
106	41	Garman, Cassandra	Ontario, NY	30	30-39 Female	57:41.063	106	55	14
						<i>Split 1</i> 18:53.987			
						<i>Split 2</i> 19:25.477			
						<i>Split 3</i> 19:21.600			
109	113	Clark, Kim	Rochester, NY	50	50-59 Female	1:09:12.447	109	56	11
						<i>Split 1</i> 19:53.457			
						<i>Split 2</i> 27:19.697			
						<i>Split 3</i> 21:59.293			
111	45	Guyer, Ginger	Rochester, NY	54	50-59 Female	1:12:00.773	111	57	12
						<i>Split 1</i> 23:59.553			
						<i>Split 2</i> 22:44.753			
						<i>Split 3</i> 25:16.467			
112	135	Kennedy, Kim	,	61	60-69 Female	1:12:06.787	112	58	7
						<i>Split 1</i> 23:57.297			
						<i>Split 2</i> 22:44.027			
						<i>Split 3</i> 25:25.463			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
1	18	Budinski, Nicholas	Rochester, NY	32	Overall Male	18:00.327	1	1	1
						<i>Split 1</i>			
						5:55.227			
						<i>Split 2</i>			
						6:00.190			
						<i>Split 3</i>			
						6:04.910			
3	121	Nier, Mike	Rochester, NY	60	Master Male	19:50.950	3	2	1
						<i>Split 1</i>			
						6:12.893			
						<i>Split 2</i>			
						6:45.587			
						<i>Split 3</i>			
						6:52.470			
4	16	Brown, Taylor	Webster, NY	34	30-39 Male	20:00.510	4	3	1
						<i>Split 1</i>			
						6:15.697			
						<i>Split 2</i>			
						6:48.930			
						<i>Split 3</i>			
						6:55.883			
5	128	Mertens, Michael	,	61	60-69 Male	20:31.923	5	4	1
						<i>Split 1</i>			
						6:47.377			
						<i>Split 2</i>			
						6:56.027			
						<i>Split 3</i>			
						6:48.520			
6	69	Palmer, Seth	Marion, NY	37	30-39 Male	21:14.513	6	5	2
						<i>Split 1</i>			
						6:58.823			
						<i>Split 2</i>			
						7:08.760			
						<i>Split 3</i>			
						7:06.930			
7	52	Johnson, Justin	Rochester, NY	36	30-39 Male	21:41.373	7	6	3
						<i>Split 1</i>			
						7:00.623			
						<i>Split 2</i>			
						7:11.340			
						<i>Split 3</i>			
						7:29.410			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
8	7	Assini, Mark	Rochester, NY	66	60-69 Male	21:41.633	8	7	2
						<i>Split 1</i> 7:04.690			
						<i>Split 2</i> 7:15.540			
						<i>Split 3</i> 7:21.403			
10	89	Sheehan, Kevin	Rochester, NY	63	60-69 Male	22:19.103	10	8	3
						<i>Split 1</i> 7:07.497			
						<i>Split 2</i> 7:32.407			
						<i>Split 3</i> 7:39.200			
13	9	Battaglia, Mark	Rochester, NY	58	50-59 Male	23:03.120	13	9	1
						<i>Split 1</i> 7:23.317			
						<i>Split 2</i> 7:48.703			
						<i>Split 3</i> 7:51.100			
14	27	Cook, Geoffrey	Farmington, NY	42	40-49 Male	23:19.367	14	10	1
						<i>Split 1</i> 7:48.010			
						<i>Split 2</i> 7:50.313			
						<i>Split 3</i> 7:41.043			
15	134	McConnell, Chris	,	36	30-39 Male	23:25.633	15	11	4
						<i>Split 1</i> 7:11.953			
						<i>Split 2</i> 7:56.613			
						<i>Split 3</i> 8:17.067			
16	127	Beyerbuch, Bill	,	70	70 and over Male	23:30.607	16	12	1
						<i>Split 1</i> 7:42.120			
						<i>Split 2</i> 7:55.147			
						<i>Split 3</i> 7:53.340			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
17	108	Bishop, Cory	Buffalo, NY	43	40-49 Male	24:34.733	17	13	2
						<i>Split 1</i>	7:46.133		
						<i>Split 2</i>	8:29.760		
						<i>Split 3</i>	8:18.840		
18	12	Bielemeier, Joshua	Rochester, NY	34	30-39 Male	25:16.090	18	14	5
						<i>Split 1</i>	8:47.110		
						<i>Split 2</i>	8:25.137		
						<i>Split 3</i>	8:03.843		
21	36	Farmer, Andrew	Avon, NY	53	50-59 Male	26:08.433	21	15	2
						<i>Split 1</i>	8:06.427		
						<i>Split 2</i>	8:45.360		
						<i>Split 3</i>	9:16.647		
26	64	Murdock, Scott	Rochester, NY	54	50-59 Male	26:43.487	26	16	3
						<i>Split 1</i>	8:31.997		
						<i>Split 2</i>	8:59.667		
						<i>Split 3</i>	9:11.823		
28	59	Lavner, MARK	Fairport, NY	69	60-69 Male	26:54.240	28	17	4
						<i>Split 1</i>	9:09.937		
						<i>Split 2</i>	8:56.080		
						<i>Split 3</i>	8:48.223		
29	68	Page, Mike	Avon, NY	56	50-59 Male	27:05.637	29	18	4
						<i>Split 1</i>	9:38.013		
						<i>Split 2</i>	8:42.697		
						<i>Split 3</i>	8:44.927		

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
30	95	vasta, massimiliano	VICTOR, NY	52	50-59 Male	27:08.547	30	19	5
						<i>Split 1</i>			
						9:26.280			
						<i>Split 2</i>			
						8:59.793			
						<i>Split 3</i>			
						8:42.473			
31	31	Damiano, Fred	Fairport, NY	64	60-69 Male	27:11.260	31	20	5
						<i>Split 1</i>			
						8:57.063			
						<i>Split 2</i>			
						9:04.040			
						<i>Split 3</i>			
						9:10.157			
32	30	Damiano, Brent	Fairport, NY	33	30-39 Male	27:11.290	32	21	6
						<i>Split 1</i>			
						8:56.907			
						<i>Split 2</i>			
						9:04.070			
						<i>Split 3</i>			
						9:10.313			
33	55	Kanous II, Richard	Brockport, NY	32	30-39 Male	27:15.753	33	22	7
						<i>Split 1</i>			
						9:08.810			
						<i>Split 2</i>			
						9:11.983			
						<i>Split 3</i>			
						8:54.960			
34	80	Salemi, Roberto	Rochester, NY	24	20-29 Male	27:21.117	34	23	1
						<i>Split 1</i>			
						9:56.073			
						<i>Split 2</i>			
						9:36.873			
						<i>Split 3</i>			
						7:48.170			
35	118	Crowe, Bill	Rochester, NY	75	70 and over Male	27:44.570	35	24	2
						<i>Split 1</i>			
						9:38.987			
						<i>Split 2</i>			
						9:09.693			
						<i>Split 3</i>			
						8:55.890			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
37	130	Wright, Jeff	,	71	70 and over Male	27:59.037	37	25	3
						<i>Split 1</i>	9:20.227		
						<i>Split 2</i>	9:24.663		
						<i>Split 3</i>	9:14.147		
39	132	slovik-rodders, kole	,	9	13 and under Male	28:01.293	39	26	1
						<i>Split 1</i>	9:35.237		
						<i>Split 2</i>	9:40.000		
						<i>Split 3</i>	8:46.057		
40	133	Slovik-Rodges, Dustin	,	9	13 and under Male	28:01.880	40	27	2
						<i>Split 1</i>	9:35.273		
						<i>Split 2</i>	9:40.000		
						<i>Split 3</i>	8:46.607		
42	46	Hall, Lloyd	Rochester, NY	40	40-49 Male	28:37.197	42	28	3
						<i>Split 1</i>	9:10.830		
						<i>Split 2</i>	9:45.523		
						<i>Split 3</i>	9:40.843		
43	43	Goddard, Christian	Pittsford, NY	27	20-29 Male	28:37.220	43	29	2
						<i>Split 1</i>	8:40.690		
						<i>Split 2</i>	9:36.900		
						<i>Split 3</i>	10:19.630		
44	4	Antonitto, Jeff	Victor, NY	44	40-49 Male	28:51.260	44	30	4
						<i>Split 1</i>	9:46.333		
						<i>Split 2</i>	9:22.960		
						<i>Split 3</i>	9:41.967		

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
45	138	Hahn, Turner	,	59	50-59 Male	28:51.627	45	31	6
						<i>Split 1</i> 9:44.890			
						<i>Split 2</i> 9:35.960			
						<i>Split 3</i> 9:30.777			
46	94	Ulrich, Douglas	Rochester, NY	66	60-69 Male	28:58.940	46	32	6
						<i>Split 1</i> 9:43.800			
						<i>Split 2</i> 9:42.833			
						<i>Split 3</i> 9:32.307			
51	28	Crespo, David	Brockport, NY	55	50-59 Male	30:12.013	51	33	7
						<i>Split 1</i> 10:13.247			
						<i>Split 2</i> 9:50.893			
						<i>Split 3</i> 10:07.873			
53	119	Pinkney, Greg	Rochester, NY	68	60-69 Male	30:46.090	53	34	7
						<i>Split 1</i> 9:36.873			
						<i>Split 2</i> 10:21.830			
						<i>Split 3</i> 10:47.387			
58	111	Young, Michael	Fairport, NY	57	50-59 Male	31:56.143	58	35	8
						<i>Split 1</i> 9:59.193			
						<i>Split 2</i> 10:54.287			
						<i>Split 3</i> 11:02.663			
64	24	Cintron, Anthony	Brockport, NY	54	50-59 Male	32:55.470	64	36	9
						<i>Split 1</i> 10:55.517			
						<i>Split 2</i> 11:05.593			
						<i>Split 3</i> 10:54.360			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
66	63	Milholland, Maxwell	Lackawanna, NY	33	30-39 Male	33:15.660	66	37	8
						<i>Split 1</i> 10:21.803			
						<i>Split 2</i> 11:58.993			
						<i>Split 3</i> 10:54.863			
67	83	Sassenhausen, Will	West Seneca, NY	34	30-39 Male	33:19.290	67	38	9
						<i>Split 1</i> 10:05.013			
						<i>Split 2</i> 10:29.237			
						<i>Split 3</i> 12:45.040			
70	75	Richards, Pamineo	Webster, NY	30	30-39 Male	34:29.910	70	39	10
						<i>Split 1</i> 11:30.163			
						<i>Split 2</i> 11:23.890			
						<i>Split 3</i> 11:35.857			
74	56	kathy Kostarellis, Spiro	rochester, NY	63	60-69 Male	36:15.957	74	40	8
						<i>Split 1</i> 11:49.067			
						<i>Split 2</i> 12:40.050			
						<i>Split 3</i> 11:46.840			
76	2	Anolik, Adam	Rochester, NY	58	50-59 Male	38:07.727	76	41	10
						<i>Split 1</i> 11:25.040			
						<i>Split 2</i> 12:47.567			
						<i>Split 3</i> 13:55.120			
77	11	Bianchi, Stephen	Rochester, NY	44	40-49 Male	39:02.347	77	42	5
						<i>Split 1</i> 12:25.250			
						<i>Split 2</i> 13:36.893			
						<i>Split 3</i> 13:00.203			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
82	13	Bishop, Charles	Farmington, NY	58	50-59 Male	41:37.073	82	43	11
						<i>Split 1</i> 13:10.497			
						<i>Split 2</i> 14:26.187			
						<i>Split 3</i> 14:00.390			
85	22	Charron, Nicholas	Spencerport, NY	27	20-29 Male	43:02.923	85	44	3
						<i>Split 1</i> 13:40.517			
						<i>Split 2</i> 14:53.787			
						<i>Split 3</i> 14:28.620			
87	71	Parks, Joseph	Rochester, NY	67	60-69 Male	44:35.933	87	45	9
						<i>Split 1</i> 13:32.987			
						<i>Split 2</i> 15:19.260			
						<i>Split 3</i> 15:43.687			
91	86	Schirmmacher, Jeffrey	Rochester, NY	46	40-49 Male	47:50.613	91	46	6
						<i>Split 1</i> 22:49.213			
						<i>Split 2</i> 12:20.573			
						<i>Split 3</i> 12:40.827			
93	37	Ferrer, Rafael	Rochester, NY	35	30-39 Male	48:45.197	93	47	11
						<i>Split 1</i> 16:18.923			
						<i>Split 2</i> 16:00.530			
						<i>Split 3</i> 16:25.743			
94	97	WEHNER, Edward	Webster, NY	60	60-69 Male	48:48.850	94	48	10
						<i>Split 1</i> 16:56.407			
						<i>Split 2</i> 15:57.783			
						<i>Split 3</i> 15:54.660			

2025 Heritage Hero Run + Stroll + Roll - 5K

9/27/2025

Results by Gender

Male

Pos	Bib	Last, First	City, State	Age	Age Group	Finish Time	Overall	Gender	Age Group
98	44	Goddard, Nicholas	Pittsford, NY	36	30-39 Male	50:48.410	98	49	12
						<i>Split 1</i> 16:27.220			
						<i>Split 2</i> 16:47.057			
						<i>Split 3</i> 17:34.133			
99	124	Martin, Chuck	,	79	70 and over Male	50:52.887	99	50	4
						<i>Split 1</i> 16:36.030			
						<i>Split 2</i> 17:10.983			
						<i>Split 3</i> 17:05.873			
102	73	Pawlaczyk, Jared	Rochester, NY	51	50-59 Male	55:12.713	102	51	12
						<i>Split 1</i> 18:51.520			
						<i>Split 2</i> 18:01.843			
						<i>Split 3</i> 18:19.350			
107	65	Murphy, William	Rochester, NY	77	70 and over Male	1:00:27.513	107	52	5
						<i>Split 1</i> 20:17.947			
						<i>Split 2</i> 20:15.087			
						<i>Split 3</i> 19:54.480			
108	48	Hernandez, Abraham	Spencerport, NY	73	70 and over Male	1:03:21.337	108	53	6
						<i>Split 1</i> 20:29.757			
						<i>Split 2</i> 20:59.723			
						<i>Split 3</i> 21:51.857			
110	57	Kingston, Richard	Epsom, NH	79	70 and over Male	1:11:31.640	110	54	7
						<i>Split 1</i> 23:58.763			
						<i>Split 2</i> 22:45.910			
						<i>Split 3</i> 24:46.967			